

# Toffee

12 SERVINGS 20 MINUTES



## INGREDIENTS

1/3 cup Butter (Unsalted)  
1 cup Raw Honey  
1 1/3 tbsps Vanilla Extract  
1/4 tsp Sea Salt  
1/4 cup Yogurt  
1/2 tsp Baking Soda

## NUTRITION

### AMOUNT PER SERVING

Calories	200	Iron	0mg
Fat	8g	Vitamin D	0IU
Carbs	26g	Folate	0µg
Fiber	0g	Magnesium	0mg
Protein	7g	Zinc	0mg
Vitamin C	0mg		

## DIRECTIONS

- 01 Stir all ingredients except baking soda together in a heavy saucepan and bring to a boil. Lower the heat and simmer for 15 minutes stirring constantly.
- 02 After 15 minutes, add the baking soda and continue to stir as it bubbles up. Stir for 5 more minutes and then take off the heat.
- 03 Pour into a well buttered pan and allow to cool. Once cool, slice into squares or strips.

## NOTES

RECIPE ID 705