

Garlic Herb Seasoning

3 SERVINGS 5 MINUTES



INGREDIENTS

- 1 1/2 tbsps Dried Parsley
- 1 1/2 tsps Oregano
- 1 1/2 tsps Garlic Powder
- 1 tsp Onion Powder
- 1/2 tsp Sea Salt
- 1/4 tsp Black Pepper

DIRECTIONS

- 01 Combine all spices into a jar or container with a lid and shake well to combine.

NOTES

RECIPE ID 717

NUTRITION

AMOUNT PER SERVING

Calories	12	Iron	1mg
Fat	0g	Vitamin D	0IU
Carbs	3g	Folate	4µg
Fiber	1g	Magnesium	7mg
Protein	1g	Zinc	0mg
Vitamin C	1mg		